



Applying two anthropological theories to women's questions about menopause

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Methods

During three didactic presentations, the audience was invited to submit questions in writing for the speakers to answer.

1 of 389 individuals submitted questions – almost two thirds of the women present.

Questions submitted were transcribed and categorized based on the topic of the questions.

Actual material was then examined through two anthropological lenses from two different eras.

Material was first considered from a Functional perspective which posits that everything we do functions to maintain stability in society.³ Sickness is a form of deviance that can upset the stability of society.⁴

Considering that cultural expectations can influence perception of disease, the information was viewed from the perspective of culture influencing the way menopause was perceived in this society.

Results

By three percent of the questions dealt with the pragmatic aspects of menopause (e.g. 1).

Most commonly asked question (25% of all items) was how long should one take HRT replacement.

Several women asked multiple questions and one individual asked 15 questions.

Four women asked questions about symptoms after the age of 50 and one woman asked questions about the social consequences of menopause.

Questions showed a consistent acceptance of the biomedical nature of the menopausal transition and a wish to manage associated items.

Conclusions

Menopausal symptoms are locally specific.⁵

The consistency of the questions in this sample emphasizes the dominance of the biomedical approach and supports the Western concept of menopausal symptoms representing a Culture Specific Syndrome.



References

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