

## Anatomical Knowledge Retention & Interventional Strategies in Nursing Education

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## Objectives

- 1) Identify factors affecting knowledge acquisition, retention, and application
- 2) Discuss experiential learning strategies to improve knowledge retention
- 3) Design your own project to identify knowledge gaps and appropriate learning and retention strategies





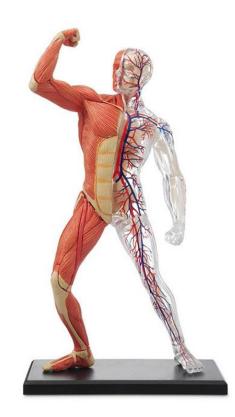
### **Pre-Assessment**

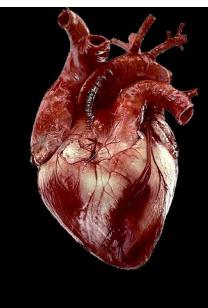




# Creating the Project

 Organize content into categories that make sense to you









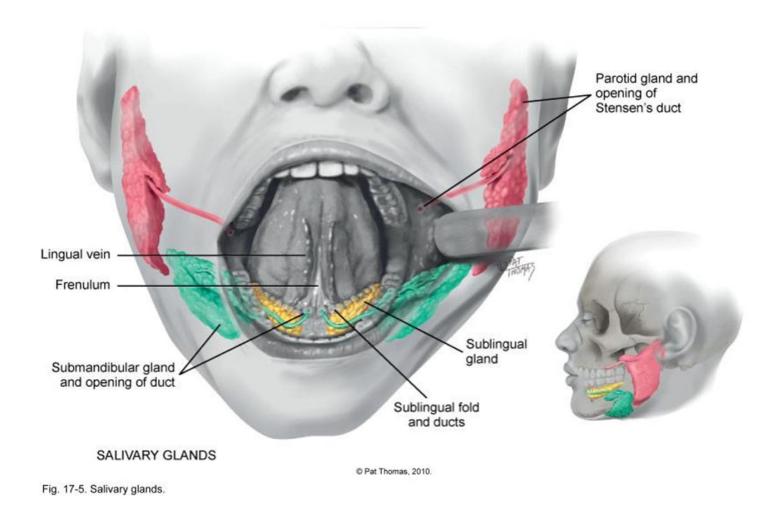
## **Project Design**

How do you evaluate understanding in your course?





## Kahoot Time!

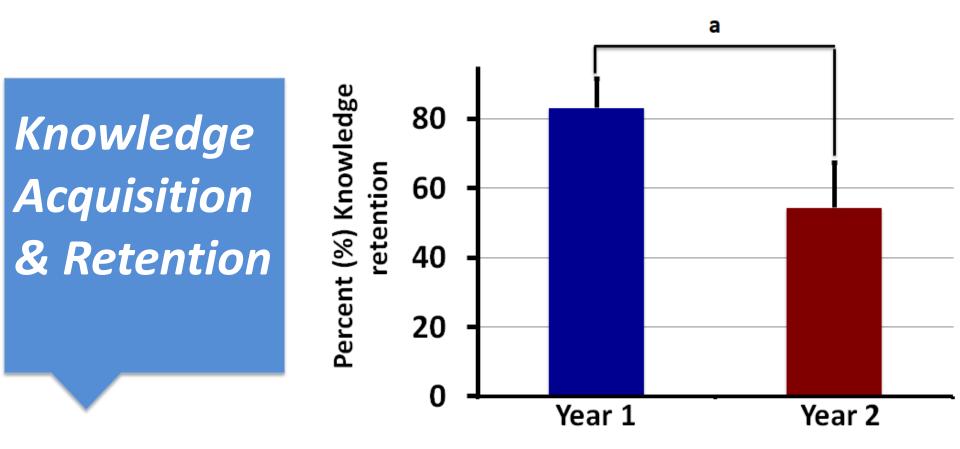




## Results









#### **Knowledge Retention in Second-Year Nursing Students**

	Organ system	Year 1 Mean ± SD	Year 2 Mean ± SD	% Knowledge lost	P -values
Knowledge	Integumentary system	90.6±6.8	70.7 ± 25.4	19.9%	.197
	Head and neck lymphatic	$\textbf{91.4} \pm \textbf{11.7}$	$34.02\pm25.6$	57.4%	.001
Acquisition	Special Senses	$88.4 \pm 6.9$	$\textbf{67.08} \pm \textbf{22.9}$	20.6%	.181
	Gastrointestinal	$\textbf{63.6} \pm \textbf{6.9}$	$\textbf{53.34} \pm \textbf{14.9}$	10.3%	.014
& Retention	<b>Respiratory system</b>	$\textbf{72.9} \pm \textbf{5.8}$	$\textbf{61.43} \pm \textbf{22.1}$	11.5%	.249
	Vascular system	$83.5 \pm 5.4$	$\textbf{37.39} \pm \textbf{21.4}$	46.1%	.003
	Nervous system	$\textbf{83.9} \pm \textbf{8.1}$	$58.77 \pm 19.6$	25.1%	.0001
	Cranial nerves	$88.2 \pm 4.4$	$\textbf{47.01} \pm \textbf{19.5}$	41.2%	.0001
	Musculo-skeletal system	$88.0 \pm 7.0$	$\textbf{57.27} \pm \textbf{32.9}$	30.7%	.007
	Genitourinary system	$\textbf{80.4} \pm \textbf{16.4}$	$\textbf{64.0} \pm \textbf{28.1}$	16.4%	.097



## **Factors That Impact Learning**





Student-Related Factors Impacting Teaching & Learning of Bioscience

- Inadequate time to study biosciences
- Class time & attendance
- •Lab experience
- Student factors
  - Prioritization
  - Previous experience
  - Self-efficacy



**Faculty-Related Factors Impacting Teaching & Learning of Bioscience** 

- Course organization and methods of delivery
- Instructor self-efficacy
- Teaching style and strategies



## Factors Impacting the Knowledge Acquisition & Retention

#### **Teaching/Contact hours**

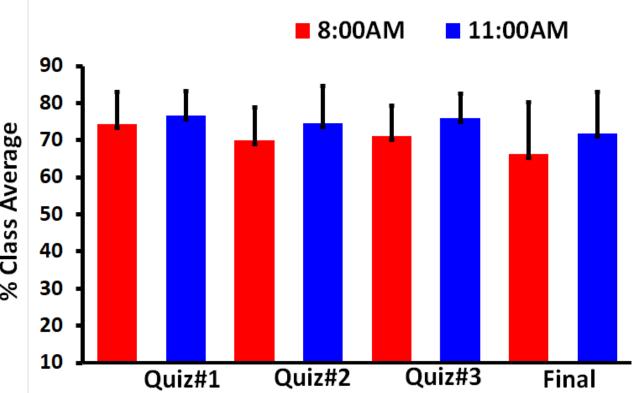
Body organ system	Teaching hours
Integumentary system	1.2
Head and neck lymphatic	1.2
Special Senses	1.2
Gastrointestinal	1.2
Respiratory system	1.2
Vascular system	2.4
Nervous system and cranial n	erves 1.2
Musculo-skeletal system	9.6
Lymphatic system	1.2
Genitourinary	2.4
Review	1.2

Total: 26.4



**Class time** 







## **Interventional Strategies**





Introduction of a Virtual Human
Cadaver-Anatomage

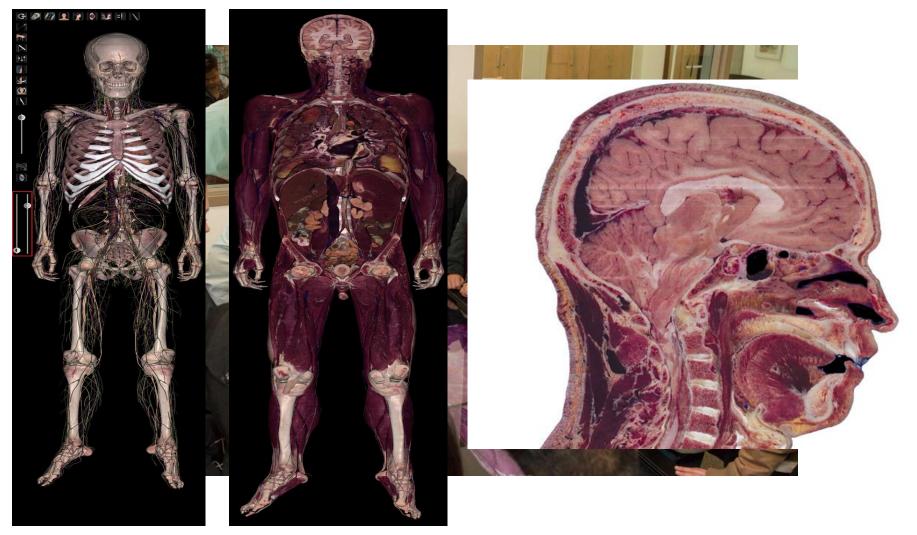
Interventional Strategies in Present Study

 Inclusion of the Anatomical Images in Anatomy exams

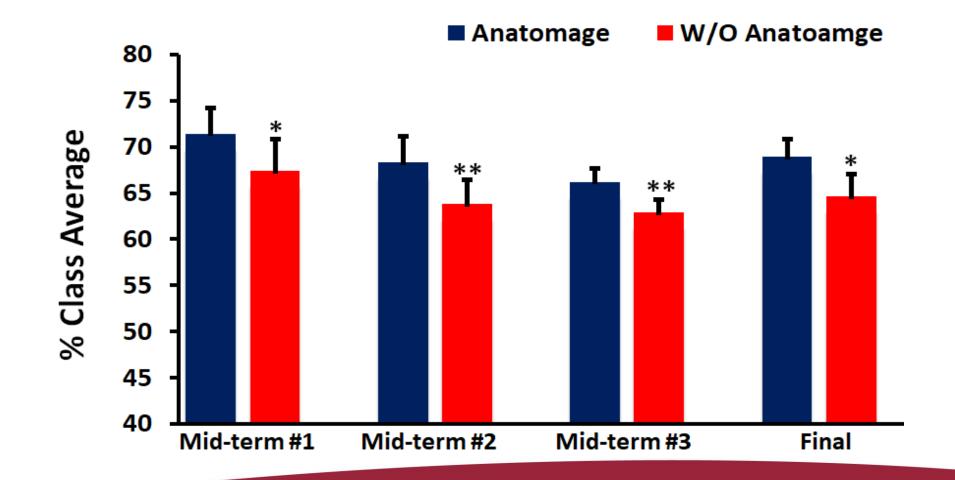
 Content Reinforcement (On-line and In-class Activities)



#### **3D Virtual Human Cadaver-Anatomage**

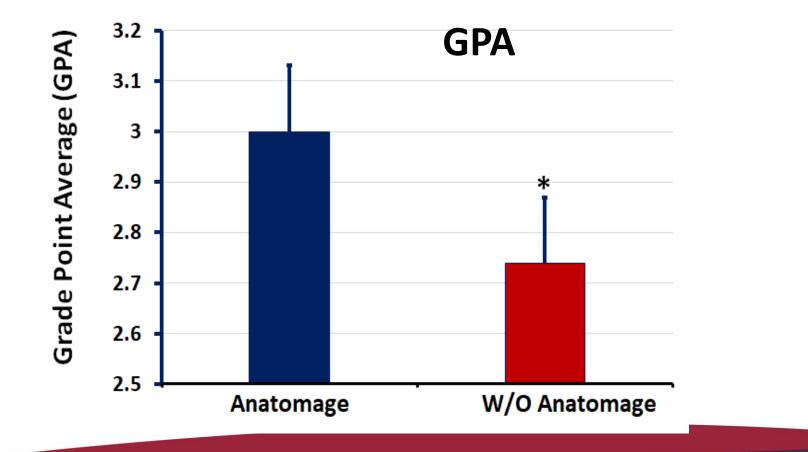








#### Strategy I Virtual Human Cadaver-Anatomage





Strategy I Virtual Human Cadaver-Anatomage

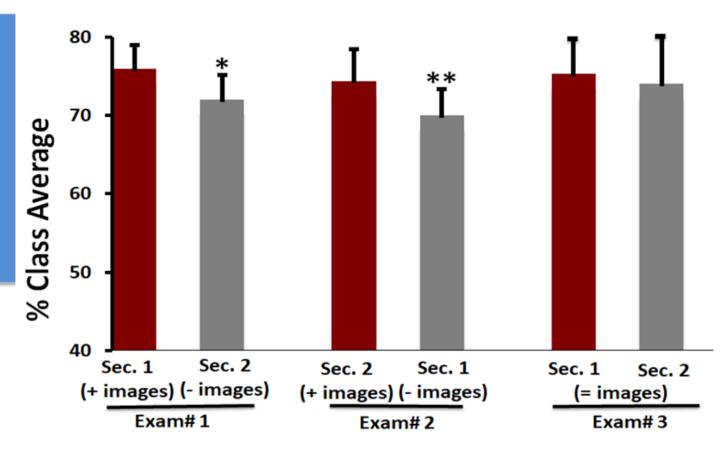
## Advantages of Using Virtual Human Cadaver

- •Provides a true perception of the human body
- •Stimulate real-life learning environments
- Provide a social hub for faculty-student interaction
- Help students to develop a social & communication skills
- •Provide visualizing effects that increase learning and alter cognitive load (Custers et al., 2010)
- •Help recall anatomical knowledge



#### Inclusion of Images in Anatomy Exams

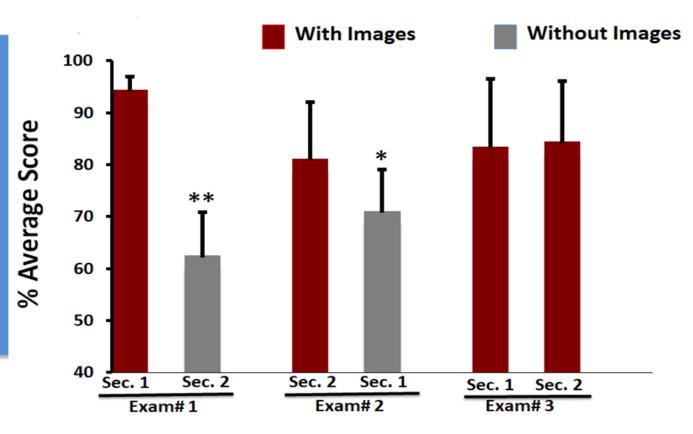
Strategy II Inclusion of Anatomical Images in Exams





### Inclusion of Images in Anatomy Exams

Strategy II Inclusion of Anatomical Images in Exams





#### **Advantages of Images in Exams**

Strategy II Inclusion of Anatomical Images in Exams

- Increase visualization
- May reduce exam anxiety and stress in students
- •Alter cognitive load (Custers et al., 2010)
- •Help recall anatomical knowledge
- Provide a hint to an answer



# The Impact of On-line and In-class Activities

Strategy III On-line & In-class Activities

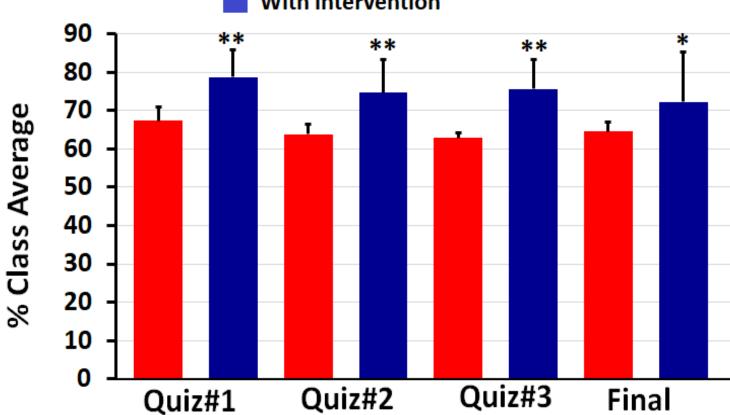
#### **On-line Activities (outside the class):**

- •WileyPlus & Orion
- Muscle assignments
- Practice questions on anatomy contents

#### **In-class Activities:**

- Kahoot quizzes
- •In-class quizzes, discussion & engagement
- Anatomical matching questions





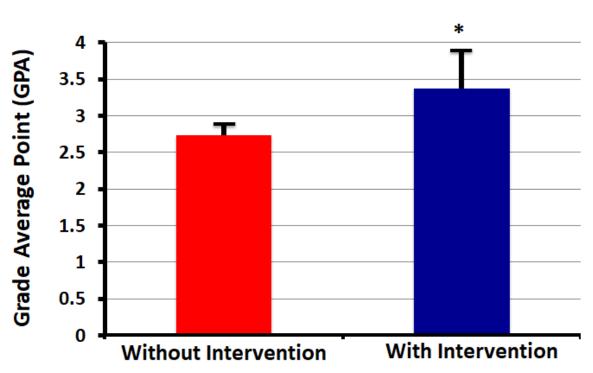
Without Intervention

#### With Intervention

Strategy III **On-line &** In-class **Activities** 



Strategy III On-line & In-class Activities



**GPA** 



#### Advantages of On-line & In-class Activities

- •The academic performance (Class average & GPA)
- •Help gain communication and social skills
- •Promote active learning
- •Improve class attendance and engagement
- •Develop critical thinking
- •Retain long-term anatomical knowledge



## **Future Directions**





### Post-Assessment





## Conclusions





