



Book Review: Social Work Practice with LGBTQ Community: The Intersection of History, Health, Mental Health, and Policy Factors

Baiju P. Vareed

This is an Accepted Manuscript of an article published by Taylor & Francis Group in *Journal of LGBT Youth* on 07/01/2019, available online: <a href="http://dx.doi.org/10.1080/19361653.2019.1635062">http://dx.doi.org/10.1080/19361653.2019.1635062</a>

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## Social Work Practice with LGBTQ Community:The Intersection of History, Health, Mental health, and Policy Factors

Journal:	Journal of LGBT Youth
Manuscript ID	WJLY-2019-0055.R1
Manuscript Type:	Book Review
Keywords:	

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## **BOOK REVIEW**

Social Work Practice with LGBTQ Community: The Intersection of History, Health, Mental Health, and Policy Factors, edited by Michael P. Dentato. New York: Oxford, 2018. 570 PP., ISBN 978-0-19-061279-5

Reviewed by Baiju P. Vareed MSW, PhD

Assistant Professor, School of Social Work, MacEwan University, Edmonton, AB, Canada

One of the most progressive areas of social work practice is work among LGBTQ communities. The book under review is a comprehensive social work text on theory, practice and understanding on LGBTQ communities, spanned across themes of identity, health, policy and social work practice. The text is meaningfully divided into five parts. The first part is an overview of LGBTQ community aimed at building knowledge for social work practice. Out of the three chapters in this section, the first one gives a comprehensive history of LGBTQ movements across the globe and vividly in US. The second one provides a comprehensive understanding of various concepts and terms in understanding LGBTQ, and third one builds on the social justice perception of LGBTQ communities as enshrined in social work practice.

Lifespan perspective is significant in understanding and working with LGBTQ community, and 7 chapters in second section of the book does a good job of that. The chapters describe lifespan of LGBTQ person from identity development, through coming out, related trauma, dating, family issues, employment and, finally considerations in ageing. Every chapter in this section discusses in developments and challenges in each stages of life every LGBTQ person usually undergoes. This section provides practice approaches for working with LGBTQ community at all these

stages of lifespan as well. The third part of the book titled as affirming LGBTQ practice approaches, is by far the largest section of the book with 9 chapters, covering practice approaches with different LGBTQ groups. There are separate chapters on working with (social work) practice with lesbian, gay, bisexual, transgender and queer communities. Other chapters reminisce on major practice frameworks used in social work practice such as strength based, minority stress theory and postmodern approaches. The chapters explore issues of practice related to homophobia, rural settings, micro, messo and macro levels of social work practice, policy implications and continuum of care.

The last five chapters of the book elucidate on the health and mental health factors affecting lives of the LGBTQ community. This section starts with an overview of mental health factors impacting LGBTQ community, followed by detailed chapters dedicated to considerations of intersectionality, substance abuse and addiction, intimate partner violence and HIV/AIDS issues. Each chapter provides comprehensive analysis of health and mental health issues affecting LGBTQ communities, and discuss social work interventions approaches to work with them. The book unearths mental health from the important angles like addiction, partner violence and HIV/AIDS, that affect mental health of LGBTQ community.

There are two chapters in this book that specifically addresses strength based social work with LGBTQ community. Chapter seven, titled strengths affirming practice with LGBTQ youth, has a general overview on social work practice with LGBTQ communities. The chapter is divided into four categories starting with identity development, self-determination and intersectionality. Identity of LGBTQ people is one of the most important issues in understanding and working with them, which is sufficiently discussed in the first part. Intersectionality (of oppression) is a major paradigm in social work practice, and this section discourses on how intersectionality

applies while working with LGBTQ. The next part on language as practice discusses semantic predilections and power of language in working with LGBTQ people. The author explains how and why names, pronouns and language/words used in social work practice are significant in ensuring a safe space for clients. Based on these fundamental premises of understanding LGBTQ in social work perspective, the author recommends models of practice in third section of the chapter. It ponders on how social workers could follow positive youth development, trauma informed care and harm reduction in working with LGBTQ people. The last part is sharing of practice essentials for social workers, where authors reinstate the need for creating support, welcoming the whole person and working to reduce harm. Subsequently authors provide guidelines for social workers on working LGBTQ people in the context of leading social work practice models. The chapter has a focus on social work practice models and provides examples from actual work with LGBTQ community. This would serve as a prelude for a social worker hoping to work with LGBTQ community.

Chapter 18 of the book affirms how advanced social work practices are integrated in serving LGBTQ communities through detailed discussion of Continuum of Care (CoC). The chapter presents different models of CoC, relevance of CoC in serving LGBTQ communities and how CoC ss an effective strategy for developing supportive network for LGBTQ community, by empowering and engaging them throughout the process. The authors provide a pragmatic example of the CoC from experience of working with LGBTQ community, in which they share eight integrated programs that include education workshops, youth enrichment programs, counselling at various levels, housing and coordination of care. Authors reinstate the need for negotiating with partners and collaborating with service providers while serving LGBTQ population. The chapter highlights the need for listening to the feedback from service users,

orienting partners and funders alike, and organizational skills for working with intended client groups. The chapter put forward valuable inputs on the theoretical and practical frameworks for applying CoC in serving LGBTQ population.

The information contained in this book justify the large size of the book (570 pages). It is a comprehensive reference book for social workers working with LGBTQ community. Though there are several terminologies used to describe sexual minorities the book follows LGBTQ, which gives consistency in the reading. The book follows a logical approach in presenting the themes by introducing the history of LGBTQ community, important concepts, lifespan approaches, social work practice approaches, and considerations for mental health. The social work practice considerations at the end of every chapter, shared from experience of working with them or through case studies, provides insights and tips on social work practice with LGBTQ people. They serve are additives to the practical wisdom gained from this book. The appendices share valuable information on important people, historical events and signs and symbols of LGBTQ community. The resources and websites given at the end provides excellent additional sources for explorations.

Social work philosophy, methods and practice overarch the entire writing in this book. The book represents social justice perspective, scientific rigor and radical human rights approaches. Social work, which has historically borrowed from social sciences, is increasingly relying on medical science as well, as referred to in many chapters in this book, to validate LGBTQ identities and develop social work practice methods to work them. A social work reader would find almost all social work models being discussed in the perspective of working LGBTQ community be it trauma informed care, cognitive behavior therapy, narrative approaches, or psychodynamic theories. Some theories (Eg:CASS), issues (Eg:HIV/AIDS), themes (Eg: Lifespan approach) and

topics (Eg:DTDA) have been discussed in several articles in relation to different topics discussed. Though readers may find it monotonous at times, such references are invariable for complete discussion of those topics. The text follows an emic (insider) view of LGBTQ community and social workers, and most discussions are in this section viz a viz throughout the text. As an etic (outsider) one may wonder if social exclusion and homophobia as challenges mental health of LGBTQ community, which have not been sufficiently discussed in any of the chapters. Nevertheless, this book will be an asset to novice or seasoned academicians and social workers working with LGBTQ community.